

The 24-hour clock time does not use a.m. and p.m. Time begins from midnight which is indicated as 0000 hours. The first 2 digits stand for hours and the next 2 digits for minutes.

3 a.m is written as 0300 hours.

3 p.m is written as 1500 hours. (12 + 3 = 15 hours)

3:30 p.m is written as 1530 hours.